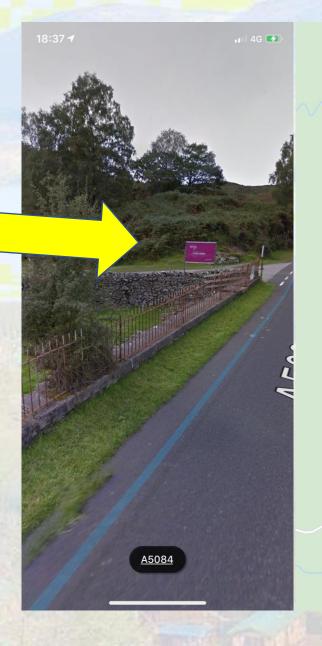


Getting to Crake Valley....

Our Postcode is LA12 8DL. Please note your sat nav will try and guide you in to our neighbours' property. We are approximately 300 yards further along the A5084, look out for the Hoseasons Bouja sign on the left.

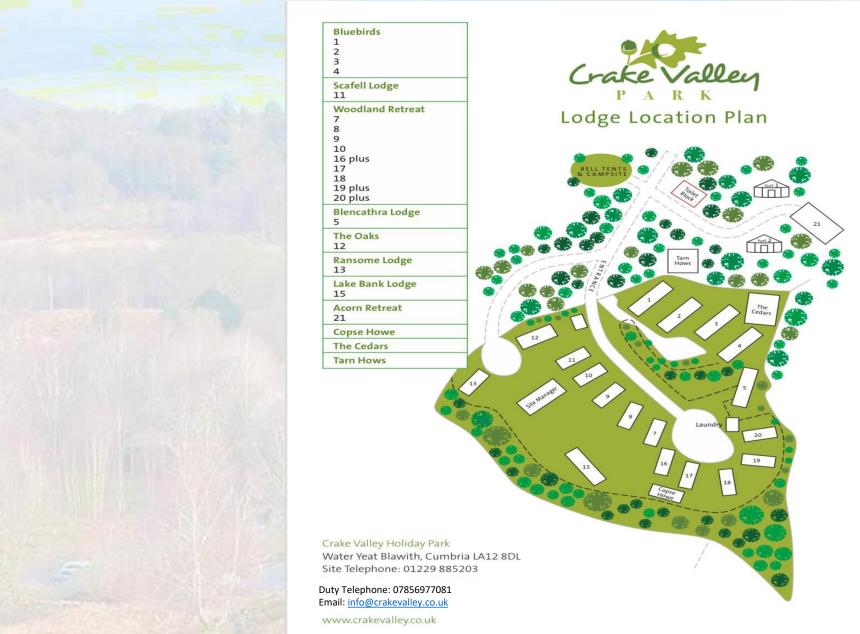
If you require any assistance on finding the park, please feel free to contact us on 07856977081.

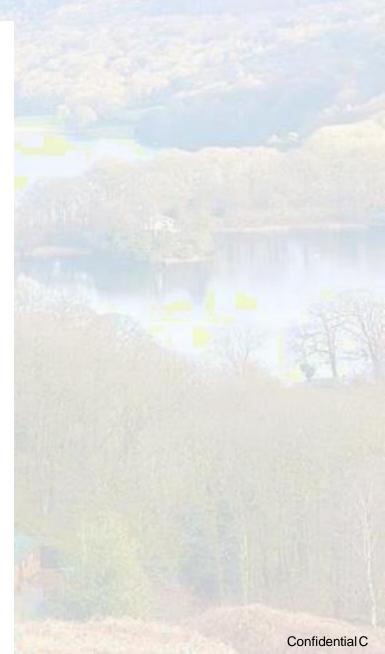






Site plan – Where is my lodge?





Some key information to help you prior to your arrival

Firstly, we would like to take this opportunity to thank you for booking your holiday at Crake Valley Holiday Park. We are a small, friendly, family run park. The park is set in 20 acres of mixed woodland and moorland and is a registered site of scientific interest with rare newts and plants being found on Blawith common at the rear and side of the park. With this in mind we ask guests to be respectful of the area and help preserve its natural beauty.

Since the outbreak of COVID 19, we have had to make several changes to our procedures to help keep our guests and staff safe, one of those is this booklet so please ensure you have access to this information for your stay as we have removed our welcome packs from the lodges to reduce any unnecessary risk that traditional book packs may bring.

We have a warden on site 24 hours a day for your safety, our wardens normal working hours are 9am till 7pm, if you have any general enquiries or non urgent maintenance issues, you can contact our duty warden on 07741 274546 or via info@crakevalley.co.uk As we are working towards keeping unnecessary contact to a minimum please do not visit the wardens property unless in an emergency.

If an emergency arises out of normal working hours and it is critical that we attend the lodge immediately please call the site mobile 07856977081 or visit the wardens lodge.

Should you have any queries prior to arrival, please feel free to contact the warden during normal working hours 9am till 7pm Mon – Fri, 10am till 4pm – Sat /Sun

Some key information to help you prior to your arrival

- Check in time is from 4pm, we will not be able to offer any earlier arrivals as we require the time between guests to ensure the highest levels of cleanliness for your stay at Crake Valley.
- Upon arrival, please feel free to go straight to your lodge, the lodge will be unlocked and the keys will be in the rear of the door for you.
- We will contact you via text or a phone call on the evening of your arrival to ensure all is OK, if you do have any issues on arrival please contact the duty warden on 07856977081.
- For your safety during your stay, we have changed our cleaning regime and now are using anti viral
 disinfectant products, we will use these on all normal touch points as well as items such as, remote controls,
 keys and key fobs between every set of guests. Please be assured, your health and safety during your stay
 with Crake Valley is our top priority.
- If your lodge has a hot tub, please be assured that this will be fully changed and cleaned prior to your arrival.
- Our bins and recycling facilities are at the bottom of the drive where you enter the park. We kindly ask that you take any rubbish to the bins prior to your departure to reduce unnecessary risk for our staff
- We will leave large laundry sack in the main bedroom wardrobe, prior to your departure we ask that you put
 your used towels, bath mats, duvet covers, pillow cases, tea towels and bed sheets into this bag for the
 laundry collection. We wash other items such as blankets, pillow protectors, mattress protectors and table
 runners on site so please do not pack these into the laundry bag.

Important - During your Stay

- WE ARE A QUIET FAMILY FRIENDLY SITE Please note, we are a quiet, family friendly site. Please refrain from loud, inappropriate language, and music, at all times. Keep outdoor noise to an absolute minimum after 10:00pm. This is for the enjoyment of everyone onsite, guests who fail to comply with this request will be asked to leave the site.
- ONLY BOOKED GUESTS ALLOWED OVERNIGHT IN LODGES Please do not over occupy your accommodation. Each
 lodge has a maximum number of guests for both fire and insurance purposes. Anyone over occupying their property
 will be asked to leave the site immediately.
- **BEHAVIOUR TOWARDS STAFF AND OTHER GUESTS** We will not tolerate any threatening or aggressive behaviour towards our staff or other guests at Crake Valley. Anyone behaving in this manner will be asked to leave the site immediately and, where necessary, the police will be informed.
- **DRUGS** We have a zero-tolerance policy to drugs on site. Anyone found to be using any illegal substances on site will be asked to leave the property immediately and, where necessary, the police will be informed.
- **DRONES** Please advise the warden should you wish to fly a drone over the property. While we are happy for you to use a drone onsite we would ask that you respect other people's right to privacy when doing so.
- **EV CHARGING** We do not allow any EV charging from the lodges. We have 2 dedicated EV charge points on site, should you wish to use one of these please contact the warden on 07856977081

Pet friendly lodges, please note the following...

- At no time should your pets be left unattended in the lodge, please note this is for the wellbeing of your animal more than anything else
- Please keep your dog on a lead while in the main area of the park (within the cattle grid) and please ensure any waste is placed in one of the dog waste bins on the site.
- Please do not let your pets on the furniture
- Please do not use any of the blankets, towels or bath mats provided for your dog – you need to bring dog towels and blankets with you
- Please use the hoover provided to keep any fur to a minimum
- There are several great walks nearby, and if your dog is anything like ours, you can't beat a stroll by the lake!



A guide to your holiday lodge.....



Here are some key points for your lodge, by lodge type to help you settle in when you arrive....





SMOKING AND FIRE SAFETY INFORMATION

Smoking is NOT permitted in the lodges, we ask that any cigarette butts are disposed of in a clean safe manner and not discarded on the floor around the lodge.

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

Woodland Retreat Lodges

- TV / FREESAT please note the only TV signal received on site is via FREESAT.
 With this in mind, your TV needs to be on HDMI 1 or 2 with the FREESAT box switched on. Use the FREESAT remote to change channels NOT the TV remote (where appliable)
- ELECTRIC FIRE This is controlled by the small silver remote control found alongside the ty remote
- PATIO LIGHTS These are controlled by a sensor and cannot be overridden
- RADIATORS you will find individual electric radiators in the lodge, these are storage heater type radiators and do take a while to heat up. Each individual radiator has its own +/- control for temperature
- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the main bedroom wardrobe, if you experience a power cut, please check this box first.



SMOKING AND FIRE SAFETY INFORMATION

Smoking is NOT permitted in the lodges, we ask that any cigarette butts are disposed of in a clean safe manner and not discarded on the floor around the lodge.

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

Woodland Retreat Plus Lodges

- TV / FREESAT please note the only TV signal received on site is via FREESAT. With this in mind, your TV needs to be on HDMI 1 or 2 with the FREESAT box switched on. Use the FREESAT remote to change channels NOT the TV remote (where appliable)
- ELECTRIC FIRE This is controlled by the small silver remote control found alongside the tv remote
- PATIO LIGHTS These are controlled by a sensor and cannot be overridden
- RADIATORS you will find individual electric radiators in the lodge, these are storage heater type radiators and do take a while to heat up. Each individual radiator has its own +/- control for temperature
- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the main bedroom wardrobe, if you experience a
 power cut, please check this box first.
- HOT TUB please see Hot tub, "how to" page in this guide



Bluebird Lodges

- TV / FREESAT please note the only TV signal received on site is via FREESAT.
- ELECTRIC FIRE This is controlled by the small silver remote control found alongside the tv remote
- PATIO LIGHTS This is the switch located by the Patio doors

SMOKING AND FIRE SAFETY INFORMATION

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

- RADIATORS gas central heating is regulated by a thermostat next to the patio door
- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the main bedroom wardrobe, if you experience a
 power cut, please check this box first.
- HOT TUB please see Hot tub, "how to" page in this guide



SMOKING AND FIRE SAFETY INFORMATION

Smoking is NOT permitted in the lodges, we ask that any cigarette butts are disposed of in a clean safe manner and not discarded on the floor around the lodge.

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

The Oaks Lodge

- TV / FREESAT please note the only TV signal received on site is via FREESAT.
- ELECTRIC FIRE This is controlled by the small silver remote control found alongside the tv remote

- PATIO LIGHTS The door lights are on a sensor, there is a switch on the patio for the hot tub lights and a switch in the bedroom for the rear patio lights.
- RADIATORS gas central heating is regulated by a thermostat in the hall
- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the main bedroom wardrobe, if you experience a power cut, please check this box first.
- HOT TUB please see Hot tub, "how to" page in this guide



Blencathra Lodge

- TV / FREESAT please note the only TV signal received on site is via FREESAT.
- ELECTRIC FIRE This is controlled by switches on the rear
- PATIO LIGHTS The lights at the front are sensor controlled there is also a switch by the front door to control the lights at the rear of the lodge

SMOKING AND FIRE SAFETY INFORMATION

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

- RADIATORS gas central heating is regulated by individual radiator control valves and can be altered on the boiler in the cupboard next to the bathroom.
- BATH with Showerhead
- FUSEBOX this is located in the main bedroom wardrobe, if you experience a power cut, please check this box first.
- HOT TUB please see Hot tub, "how to" page in this guide



Acorn Retreat Lodge

- TV / FREESAT please note the only TV signal received on site is via FREESAT.
- PATIO LIGHTS This is the switch located by the Patio doors
- RADIATORS gas central heating is regulated by a thermostat in the hall or next to the patio doors

SMOKING AND FIRE SAFETY INFORMATION

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the main bedroom wardrobe, if you experience a power cut, please check this box first.
- HOT TUB please see Hot tub, "how to" page in this guide
- FIRE PIT Logs, kindling and firelighters available from the warden £15:00 per pack



Scafell Lodge

- TV / FREESAT please note the only TV signal received on site is via FREESAT.
- PATIO LIGHTS These are controlled by a sensor
- RADIATORS gas central heating is regulated by a thermostat in the dining area

SMOKING AND FIRE SAFETY INFORMATION

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the boiler cupboard
- HOT TUB please see Hot tub, "how to" page in this guide



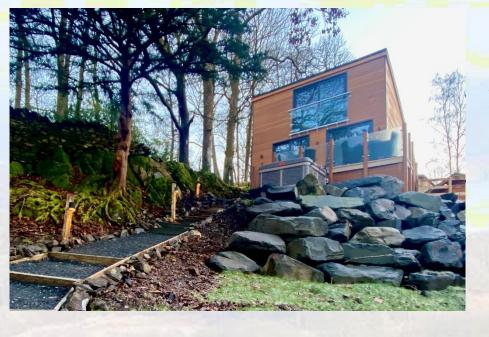
Copse Howe Lodge

- TV / FREESAT please note the only TV signal received on site is via FREESAT.
- PATIO LIGHTS There is a switch by the patio door.
- RADIATORS gas central heating is regulated by a thermostat in the kitchen area.

SMOKING AND FIRE SAFETY INFORMATION

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the bedroom
 - HOT TUB please see Hot tub, "how to" page in this guide



The Cedars

TV / FREESAT – please note the only TV signal received on site is via FREESAT. With this in mind, your TV needs to be on HDMI 1 or 2

PATIO LIGHTS – There is a switch by the patio door.

RADIATORS – gas central heating is regulated by a thermostat in the hall.

SMOKING AND FIRE SAFETY INFORMATION

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the boiler cupboard
- HOT TUB please see Hot tub, "how to" page in this guide



SMOKING AND FIRE SAFETY INFORMATION

Smoking is NOT permitted in the lodges, we ask that any cigarette butts are disposed of in a clean safe manner and not discarded on the floor around the lodge.

- A fire extinguisher and fire blanket are located in the kitchen.
- Smoke detectors are situated in the lounge area, please do not disconnect them, they are there for your safety and the safety of others around you.
- In the event of a fire please vacate the lodge immediately, call 999 to report the fire and head to the evacuation point by the main entrance. Please also call or visit the wardens cabin to make them aware of the emergency.
- For insurance and fire safety reasons, only guests stated at the time of booking are permitted to stop overnight in the lodge.

Tarn Hows

- TV / FREESAT please note the only TV signal received on site is via FREESAT.
 With this in mind, your TV needs to be on HDMI 1 or 2.
- PATIO LIGHTS There is a switch by the patio door.
- UNDERFLOOR HEATING —each room has an individual wall mounted control panel to adjust the temperature
- SHOWER the left handle controls the flow and the right handle controls the temperature. Turning the handle in a clockwise direction will decrease the temperature
- FUSEBOX this is located in the kitchen in the top, right cupboard
- HOT TUB please see Hot tub, "how to" page in this guide
- WOOD BURNING STOVE / FIRE PIT please use only wood logs and kindling in the stove and fire pit. These are available from the warden if required. Logs, kindling and firelighters are £15:00 per pack.

FIRE PROCEDURES

IF YOU DISCOVER A FIRE

- Immediately sound the alarm by operating the nearest fire alarm call point located on the side of the shed next to main entrance
- Call the fire brigade then call the site warden on 07856977081
- If confident, attack the fire with the appliances provided, without taking personal risks. Otherwise, leave immediately and report to the assembly point by the cattle grid.

ON HEARING AN ALARM

- Leave the accommodation immediately without stopping to collect personal belongings
- Close all doors as you leave
- Use the nearest available exit
- Proceed to the assembly point by the cattle grid at the main entrance
- Do Not re enter any buildings unless authorised to do so

HELPING TO PREVENT FIRES

- Do not use portable BBQ's unless authorised by site warden
- Do not set fires outside of fire pits or use accelerants (i.e. petrol) on fires
- Smoking is not allowed in the accommodation
- Do not place clothes or combustible materials on the electric heaters or radiators

HOT TUB HOW TO... UP AND OVER LIFTER MODELS



Flip the cover over the metal bar exposing half of the hot tub



Push up on the metal bar to lift the second half of the cover



Reverse the process to close the hot tub cover

HOT TUB HOW TO ... CONTROL PANEL

Hot Tub Water
Jet on / off
switch

Hot Tub lights on / off switch



Temperature controls, we set the hot tub to the optimum temperature please do not adjust

Hot Tubs – Slide back models



- Firstly fold over the half opposite the slide back frame
- Then Push the cover back into the slide back frame
- Finally allow the frame to slowly descend to the ground with the cover inside it
- Reverse the process to put the cover back on
- Please ensure you use this system to avoid damage to the cover









Temperature –

please do not

adjust.

This button switches on and off the jets

HOT TUB HEALTH AND SAFETY RULES

Please adhere to the following rules when using our hot tubs. These rules are in place for the health and safety of all guests and staff at the park.

- PLEASE TAKE CARE NOT TO OVERTURN THE CONTROL KNOBS FOR THE WATERFALL AND JETS. THIS MAY RESULT IN WATER
 LOSS FROM YOUR HOT TUB This will mean the hot tub is unusable, we cannot guarantee to repair this at short notice.
- SHOWER WITH SOAP AND WATER PRIOR TO USING THE HOT TUB this will help to ensure your water stays cleaner longer.
 Please note if this is ignored and hot tub requires changing during your stay there will be an extra charge of £50 for this service.
- PLEASE EXERCISE CARE WHEN ENTERING AND LEAVING THE HOT TUB
- NO JUMPING OR DIVING IN THE HOT TUB
- DO NOT BRING GLASS INTO OR NEAR THE HOT TUB
- NO ALCOHOL TO BE CONSUMED IN THE HOT TUB
- CHILDREN MUST BE SUPERVISED BY AN ADULT AT ALL TIMES
- ELDERLY PEOPLE OR PREGNANT WOMEN MUST CONSULT WITH THEIR DOCTOR PRIOR TO USING THE HOT TUB
- ANYONE WITH HEART DISEASE, HIGH OR LOW BLOOD PRESSURE, DIABETIES OR ANY OTHER SERIOUS ILLNESS SHOULD
 CONSULT WITH THEIR DOCTOR PRIOR TO USEAGE.
- DO NOT ENTER IF TEMPERATURE IS ABOVE 40 DEGREES
- YOU SHOULD TAKE A BREAK FROM THE HOT TUB AFTER 30 MINS AND WAIT AT LEAST 15 MINS BEFORE REENTERING
- NO OILS, SOAPS OR FOAMS ETC ARE PERMITTED TO BE USED IN THE HOT TUBS if you do use these products in the hot tubs there will be a £50 charge for cleaning of the hot tub and it may be out of use during your stay
- PLEASE DO NOT THROW THE COVER ON THE GROUND, USE THE COVER HOLDER. PLEASE REPLACE AFTER USE







Our personal guide to some of the best sites, activities and places to eat and drink around Crake Valley Holiday Park







Crake Valley Honesty Hut

Located by the main entrance to the park is our honesty hut.

It is stocked with homemade jams and cakes as well as a selection of canned drinks, crisps and sweets.

We take payment in cash or via paypal – info@crakevalley.co.uk

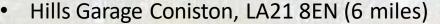
Please note, this hut is run by our children who make the jams and cakes for the hut as well as buying the other products from their own money. Please do not take from the hut without paying as they put a lot of effort in to providing this for guests



Health care, fuel stations and cash points



- Local Doctors Mon to Fri 8:30 am till 6pm Coniston Medical Practice, Wraysdale House, Coniston, LA21 8ER (5 miles) 015394 41205
- Pharmacy Boots the Chemist, 32 Market Street, Ulverston, LA12 7LR (9 miles)
- Alternative Pharmacy 7am till 11pm Mon Sat, 11am till 5pm Sunday- ASDA Superstore, Walney Road, Barrow in Furness, LA14 5UG. (18 miles)
- Hospital A and E Furness General Hospital, Dalton Lane, Barrow in Furness, LA14 4LF (12 miles)



- Penny Petroleum Ulverston LA12 7QG (8miles)
- Gulf Petroleum, Ulverston LA12 7LA (8.5 miles)
- Shell Newby Bridge LA12 8ND (11 miles)



- Hills Garage Coniston Via post office inside when garage is open – LA21 8EN (6 miles)
- Bargain Booze Ulverston LA12 7LR (9 miles)
- Lloyds Bank Ulverston LA12 7HR (9 miles)





A gentle stroll on Blawith Common behind the park.

To get a great viewpoint above the park, before the cattle grid, turn up the gravel drive. At the top you will see a path onto the common, follow this path keeping the park wall on your left and then continue up the hill for 5 – 10 mins. You will reach a rocky view point offering an amazing panoramic view of Coniston Water and the valley.

Coniston Water - The 3rd largest lake in the Lake District. It's 5.3 miles long and has 3 small islands owned by the national trust. The Coniston launch and Coniston Steam Gondola provide regular cruises throughout the year to the jetties around Coniston, including Lake Bank jetty located down a foot path in the far right hand corner of the field directly opposite the drive.

Famous for being the setting for Arthur Ransome's book – The Swallows and Amazons and also as the resting place of Donald Campbell who's craft, Bluebird, took off and sank into the lake on 4th January 1967 while attempting to beat the world water speed record. Most of the Lake shore is accessible to visitors and offers great secluded locations to isolate yourself.





Things to do in Coniston

As well as the usual smattering of Lakeland pubs with roaring fires and craft / gift shops, some other great places to visit in Coniston are....

- Bluebird Café right on the edge of the lake serving hot and cold food and drinks all day with panoramic views of Coniston Water and the surrounding fells
- Coniston Steam Gondola Take a nostalgic cruise on Coniston Water in this restored steam gondola from 1859 to find out more click <u>HERE</u>
- Coniston boating centre Hire a variety of different types of boats and spend the day enjoying the lake. To book your boat online click <u>HERE</u>







M&T Adventures is a family run Outdoor Adventure provider, having over 24 years' experience. M&T Adventures can offer Canoeing, Kayaking, Stand Up Paddle Boarding, Rock Climbing, Caving, Mountain Climbing, Bush Craft, Ghyll Scrambling, Mountain and Road Biking. We provide quality, bespoke adventures for Individuals, Families Groups, Birthday parties, Schools, Children's Adventure Weeks & Days and more. In addition, M&T Adventures offers individual & Giant SUP Hire; 2hour - Full Day options.

ADVANCED BOOKING ESSENTIAL

For further information please view out website www.mandtadventures.co.uk / Facebook M&T Adventures / Instagram @mandt_adventures or contact Sam 07790053029



Would like to enjoy "a taste of the Lakes" on arrival?

Our local produce partner www.adayswalk.co.uk will deliver direct to your lodge and has more than 400 items from local producers to choose from.

Ditch the supermarket shop this holiday and visit www.adayswalk.co.uk to place your order at least three days before your arrival date.

USE EXCLUSIVE DISCOUNT CODE CR4KE22 online or in the Farm Shop at Halker Hall LA11 7PL to enjoy a 10% discount on your order!

There is approx. 3 day lead time between order and delivery, so book early!



Grizedale Forest Park

LA22 0QJ (10 miles away)

Grizedale forest is a 24.47 square kilometres of Woodland in the Lake District located to the east of Coniston Water and the south of Hawkshead. The postcode above is for the main visitors centre which offers ample parking. Visit website HERE

Grizedale Forest also offers.....

- Go Ape Ropes Course
- Segway Hire
- Sculpture trail
- Mountain bike hire and trails
- Children's playpark
- Café and visitors centre







Further a field some of the other great attractions......

Connishead Buddhist Temple – Ulverston LA12 9QQ (11 miles).

Providing a place for quiet spiritual reflection and inspiration. The temple is used every day for meditation and prayers and offers in depth courses and retreats. Click HERE for more info...





Ravensglass and Eskdale Railway – Ravensglass CA18 1SW (22 miles). This magnificent small gauge railway offers 7 miles of stunning scenery with several stops along the route you can hop on and off the train or simply enjoy the full route. For more info click HERE

Windermere Lake Cruises – Lakeside LA12 8AS (11 miles)

Rather than try to find somewhere to park in Windermere, why not sail into Bowness bay on one of the classic cruise boats? Plenty of cheap parking available at Lakeside and boats travelling all day to Bowness and Ambleside. Find out more by clicking HERE





The Box LA12 – Afternoon Cheese

If you want to have a delicious Afternoon Cheese Board to be delivered directly to your lodge please place your order HERE



Bakehouse Born and Bread –

Greenodd's best kept secret! With a friendly Café serving amazing pies and cakes as well as an evening take out service. For more info please click HERE



The handmade ice cream co –
Greenodd
New to the area, offering a waffle house, ice cream sundaes and milkshakes as well as amazing handmade ice cream. For info please click HERE



Honesty Hut Wallenrigg

While on your
Lakeland
adventures please
visit Wallenrigg
Hut for all your
treats, drinks,
jams, marmalade
and chutney.
Instagram
#honestyhutwalle
nrigg

Thank you for taking the time to read this guide, if you have any questions prior to arrival please feel free to contact the park either via email — info@crakevalley.co.uk or during normal office hours on 01229 885203.

We look forward to welcoming you to Crake Valley.

Karina and Mathew

